

JAN

2019



COURTESY OF:
THESUPERMOMLIFE.COM

- 1 - New Year's Day
- 11 - Human Trafficking Awareness Day
- 14 - Clean Off Your Desk Day
- 20 - Cheese Lovers Day
- 21 - Martin Luther King, Jr. Day
- 23 - National Pie Day
- 24 - National Compliment Day
- 26 - Spouse's Day

BLOG TOPIC IDEAS:

Organization, Diets, Resolutions and Goals, Favorite Cheese Recipes, Pie Recipe Roundup, Winter Fashion/Beauty, Self-Care, Cold/Flu Season, Dates on a Budget

SUN	MON	TUE	WED	THUR	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FEB

2019



COURTESY OF:
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- 2 - Groundhog Day
- 3 - Super Bowl
- 4 - World Cancer Day
- 7 - National Send a Card to a Friend Day
- 9 - National Pizza Day
- 14 - Valentine's Day
- 17 - Random Acts of Kindness Day
- 18 - Washington's Birthday/President's Day
- 20 - Love Your Pet Day
- 22 - National Margarita Day

BLOG TOPIC IDEAS:

Super Bowl Recipes and Party Ideas, Date Ideas, Pizza Recipe, Valentine's Day Gift Guide, Red and Pink Fashion, Valentine's Day Recipes and Crafts, Margarita Recipe

SUN	MON	TUE	WED	THUR	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

MAR

2019



COURTESY OF:
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- 1 - National Employee Appreciation Day
- 2 - National Read Across America Day
- 5 - National Pancake Day and Mardi Gras
- 8 - International Women's Day and National Day of Unplugging
- 10 - Daylight Savings
- 14 - Popcorn Lover's Day and Pi Day
- 17 - St. Patrick's Day
- 20 - First Day of Spring

BLOG TOPIC IDEAS:

Favorite Books, Pancake Recipe, Mardi Gras, How To Unplug, Daylight Savings, Spring Cleaning, Popcorn Crafts or Recipe, St. Patrick's Day Craft and Recipe, Gardening, Spring Fashion

SUN

MON

TUE

WED

THUR

FRI

SAT

SUN	MON	TUE	WED	THUR	FRI	SAT
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31	REMINDER: Visit thesupermomlife.com for April - June!					