

JULY

2019



COURTESY OF:
THESUPERMOMLIFE.COM

- 4 - Independence Day
- 21 - National Ice Cream Day
- 28 - National Parent's Day
- 30 - International Day of Friendship

BLOG TOPIC IDEAS:

4th of July Recipes, 4th of July Crafts, Staying Cool in the Summer, Summer Weight Loss Tips, Grilling Recipes, Summer Road Trips, Summer Recipes, Summer Crafts, Frozen Drink Recipes, Frozen Dessert Recipes, Summer Olympics, Summer Activities

SUN	MON	TUE	WED	THUR	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUG

2019



COURTESY OF:
THESUPERMOMLIFE.COM

8 - International Cat Day
10 - National Lazy Day
26 - National Dog Day and National Women's Equality Day

BLOG TOPIC IDEAS:

Back to School Shopping List, School Lunch Ideas, Summer Olympics, Beach Tips, Canning Recipes, Canning Tips, Preparing for Fall, Summer Recap, Back to School Prep, Women Who Influenced You, Women's Equality, Homemade Pet Food Recipes

SUN	MON	TUE	WED	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPT

2019



COURTESY OF:
THESUPERMOMLIFE.COM

- 2 - Labor Day
- 5 - International Day of Charity
- 8 - National Grandparents Day
- 11 - National Day of Service and 9/11 Remembrance Day
- 12 - National Day of Encouragement
- 23 - First Day of Fall
- 29 - International Coffee Day

BLOG TOPIC IDEAS:

Labor Day Crafts, Labor Day Recipes, Crafts to Give or Make With Grandparents, Where Were You on 9/11, Encouraging Quotes, Fall Recipes, Fall Crafts, Coffee Recipes

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	REMINDER: Visit thesupermomlife.com for October - December!				